

Orange County
Asian and Pacific Islander

Youth and Family Mental Health Summit

"Bridging the Gaps"



Join us as we come together to discuss mental health issues affecting the Asian and Pacific Islander youth community in Orange County.

This summit is designed for Orange County high school students and parents of Asian and Pacific Islanders.

Our goal is to promote mental health awareness and wellness for students and families through intentional collaboration, dialogue, and the establishment of partnerships between schools, parents, students and community organizations.

Youth Workshops

- Healing Through Music
- Expressing your Mental Health Needs
- * Active and Empathic Listening

Parent Workshop

- Mental Health First Aid Training

Special Performance: StanD

StanD is a play by Christopher Belen Aguilar that was written to help break the stigma of mental illness.

Date

Saturday, March 2, 2019

Time

7:30 a.m. to 3 p.m.

Cost

FREE!

Complimentary breakfast and lunch will be provided.

Location

Western High School
501 S. Western Ave.
Anaheim, CA 92804

Event host

Anaheim Union High School District

RSVP

Visit the event website at:

<https://sharewithme.eventbrite.com>

For more information

Send an email to:

orangecommunityrelations@gmail.com

Community partners



UNLIMITED YOU



KOREAN
COMMUNITY
SERVICES



ocapica



Providence
St. Joseph Health

